

A photograph of a family of three sitting together on a couch. A woman with blonde hair and glasses is in the center, looking down at a document she is holding. To her right, a man with glasses and a red shirt is also looking at the document. To her left, a young child with blonde hair is looking towards the camera. The background shows a window with blinds.

**Support for
all from the
Essex
Wellbeing
Service**

The Essex Wellbeing Service are here to support families across Essex with a variety of information, advice, guidance, and support across a range of health, wellbeing and day to day needs.

Contact 0300 303 9988 or visit www.essexwellbeingservice.co.uk for more information.



Essex County Council